

Baby in Mind

Baby Bonding group

Baby in Mind is excited to be offering a small Baby Bonding group for newborn up to 6 months of age.

Enjoy simple, gentle, and playful activities focused on the parent/carer and baby wellness. Enjoy a supportive space to just “Be” rather than “do “ with your baby and learn how your little one develops and how you play the most important part of all.



How to book on to our Baby Bonding group?

You can book a session by contacting:

babyinmind.pairs@gmmh.nhs.uk or call **01204 483 222** , and ask for **Baby in Mind**.

Current session information

Next Group starts: **9th of September**

At 12.30 pm for 6 weeks.

At Bright Meadow Family Hub

Greenroyd Avenue, Brightmet,
Bolton. BL2 5DD

Please note:

We will try and publish any changes to this schedule on our Padlet page. but it may be worth calling the centre in advance to see if this is running on the day you plan to attend.



For more information,
please scan the QR code
to access our Padlet page.

